



How can we encourage healthy dialogue, and how can we create a space where others are encouraged to do the same?

For more information and to register, please visit restoringconnections.org



**Restoring
Connections**

Transforming the world,
one relationship at a time

**FEBRUARY 5, 2022
9:30 AM - 12:30 PM
ONLINE VIA ZOOM**

**HEALING
CONVERSATIONS:
DIALOGUE NOT
DISASTER**



Restoring Connections' Elder Wisdom offers **Healing Conversations: Dialogue not Disaster**, a half-day, online workshop.

SKILLS FOR ADDRESSING CONFLICT IN FAMILY AND COMMUNITY

Whether we realize it or not, we each have our conflict styles and ways of showing up when conflict occurs. These ways of being in conflict are shaped by a variety of factors, including how/when we were raised, what we've been taught, what we've observed, and more. Whether it is our own interpersonal conflicts or larger community-level conversations, it is crucial for us to distinguish between debate and dialogue, and to think intentionally about how we engage. What are some tools that we can utilize to encourage healthy dialogue, and how can we help create a space where others are encouraged to utilize those same tools? We will explore barriers to respectful conversation, practice dialogue techniques, and discuss when to engage and when to walk away.

\$45 | scholarships available



PRESENTER

The Conflict Center is a Denver non-profit providing practical skills and training to address everyday conflict through relationship building. They are steadfastly committed to being at the center of nonviolence in families, schools, workplaces and communities.

